

**13. MASTER OF PHYSICAL EDUCATION (M.P.Ed)**

- Part-B*
- Part-A*
- Part-B*
- Part-A*
- Part-A*
1. Principles, Philosophy and Psychology, Method of Physical Education – PRINCIPLES – Definitions, Concepts, Scope, Need and Functions, Aims and Objectives, Biological Principles of Physical Education. PSYCHOLOGY – Kinds of Learning, Definitions and Theories of Psychology. METHODS – Methods of Teaching, Principles of Teaching, Lesson Plan in Physical Education.
  2. Organization and Administration of Physical Education and Health Education: Organisation at different levels, curriculum, organization and conducting Tournaments and Competitions, Intramurals & Extramurals, Budget, Maintenance of Records & Registers.
  3. Anatomy, Physiology and Physiology of Exercise: Cell, Form & General Structure of Bone, Digestive System, Circulatory System, Respiratory System, Nervous System.
  4. Body Mechanics and Kinesiology: Joints, Types of Muscular Contractions, Basic Principles of Movement, Physical Principles concerning Motion. Application of Kinesiology to the nature of movements.
  5. Officiating and Coaching of Physical Education: Rules & Officiating of Games/Track & Field, Foot Ball, Hockey, Cricket, Volley Ball, Kabadi, Kho-Kho, Basket Ball. Coaching: Principles and Philosophy of coaching. Qualities and Responsibility of Coach.
  6. Tests and Measurements: Characteristics of good Tests, Elementary Statistics on methods. Tests: Fitness Tests, Cardiovascular Test, Reading Skills.

**Model Question paper**

*Time: 90 Minutes*

*Max. Marks: 80*

The question paper consists of 100 questions in multiple choice covering the entire syllabus.

1. Man became a homo sapien animal because he developed:  
a) A high brain                      b) A solid set up    c) An upright posture              d) A Superior nervous system
2. Psychology deals with:  
a) Functions of body    b) Activities of air                      c) Behaviour                              d) Construction of body

**ELIGIBILITY CRITERIA**

- Master of Physical Education (M.P.Ed.):** a) Candidates who have obtained at least 55% marks in the B.P.Ed. degree of Kakatiya University or any other universities recognized as equivalent by the Kakatiya University / or B.Sc. degree in Physical Education, Health Education and sports are eligible for admission. However, minimum pass percentage of marks in required for SC / ST candidates.
- b) The reservation in seats and relaxation in the qualifying marks for SC / ST / OBC and other categories shall be as per the rules of the Central Government / State Government, whichever is applicable.

*The above six (6) chapters are divided into*

*① PART A — 2, 4, 5 and*

*② PART B — 1, 3, 6*

*Mahender Roddy*

**Prof. Mahender Roddy Sarsani**  
**Dean**

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